

State And National Helplines For Assistance	
Substance Abuse and Mental Health Services Administration (SAMHSA) Disaster Distress Helpline	1-800-985-5990
Florida Abuse Hotline	1-800-962-2873
National Suicide Prevention Lifeline	1-800-273-8255
National Human Trafficking Resource Center	1-888-373-7888 Text 233733
Florida Council Against Sexual Violence's Hotline	1-888-956-7273
Florida Coalition Against Domestic Violence Hotline	1-800-500-1119
SAMHSA National Helpline for Treatment and Referral	1-800-662-HELP (4357) or text TalkWithUs to 66746
2-1-1: Provides free and confidential information and referral for help with food, housing, employment, health care, counseling and more	Call 2-1-1

Helpful Links To Learn More About Coping With Disaster	
Coping with Disaster	https://www.ready.gov/coping-with-disaster
SAMHSA Stories of Strength and Recovery after a Disaster	https://strengthafterdisaster.org
Ready Kids	https://www.ready.gov/kids
Children in Disasters: Kids and Families	https://www.cdc.gov/childrenindisasters/
SAMHSA Behavioral Health Treatment Locator	https://findtreatment.samhsa.gov/

Intervention Resource Links For Those Working With Disaster Survivors	
SAMHSA: Disaster Technical Assistance Center	https://www.samhsa.gov/dtac
National Child Traumatic Stress Network	https://nctsn.org
Skills for Psychological Recovery (SPR)	https://www.ptsd.va.gov/professional/treat/type/SPR/SPR_Manual.pdf
Psychological First Aid for Schools (PFA-S) Field Operations Guide	https://www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide
Help Kids Cope- App for caregivers, teachers, and others working with children about disasters	https://www.nctsn.org/resources/help-kids-cope
Psychological First Aid	https://www.nctsn.org/treatments-and-practices/psychological-first-aid-and-skills-for-psychological-recovery
Skills for Psychological Recovery	https://www.nctsn.org/interventions/skills-psychological-recovery
Evidence-Based Mental Health Treatments: Trauma-Focused Cognitive Behavioral Therapy	https://www.nctsn.org/search?query=trauma+focussed+cognitive+behavioral+therapy
Mental Health First Aid: National Council for Behavioral Health	https://www.mentalhealthfirstaid.org/2019/11/five-ways-to-support-someone-who-has-experienced-a-traumatic-event/